



Podiatry Services SA

All correspondence to
287d Anzac Highway,
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P 08 8297 4808, **F** 08 8297 4800
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podiatryservicessa.com

ABN 86 161 702 423

March 2020

IMPORTANT NOTICE

Podiatry Services SA response to COVID-19

Podiatry Services SA as an allied health professional service have always put the health of our patients, staff and locum podiatrists at the top of our priority list.

We are fully committed to continuing to implement a high level of hand hygiene measures and communicable diseases protocols in all our practices to protect everyone in our care.

These measures include the continual use of disposable gloves, sterilised instruments and disposal consumables with all our patients treated in our clinics, in the home or in aged care facilities. All our podiatrists are trained in their undergraduate degrees to be thorough in this care and are required to adhere to the protocols as set out by the Australian Guidelines for the Prevention and Control of Infection in Health Care.

For the health and safety of our patients and workforce, Podiatry Services SA have also implemented the following measures in line with the guidelines and recommendations for health and aged care workers as set out by [Department of Health](#) and the World Health Organisation:

Anyone displaying symptoms of the virus:

- must comply with medical & Health Department advice
- must contact Podiatry Services SA IMMEDIATELY

Anyone diagnosed with COVID-19, or contacted by a Health Department and asked to self-isolate:

- must comply with medical & Health Department advice
- must contact Podiatry Services SA IMMEDIATELY

Anyone who has been in close contact with a person diagnosed with COVID-19

- must comply with medical & Health Department advice
- must contact Podiatry Services SA IMMEDIATELY
- must not attend work until clearance from a Medical Practitioner

Anyone returning from any country overseas on/after 16th March 2020:

- must self-isolate in your home for 14-days from leaving, other than for seeking individual medical care
- must contact Podiatry Services SA immediately
- if you have or develop symptoms (even if mild) seek medical attention as soon as possible

Anyone returning from or through any foreign country in the 14-days before 16 March 2020:

- must comply with medical & Health Department advice
- must contact Podiatry Services SA IMMEDIATELY
- must not attend work if you have or develop symptoms (even if mild) seek medical attention as soon as possible



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The above information is correct as of 16 March 2020. For any updated information please see the Department of Health website.

If you have any questions, please contact Maria Latemore Director on 82974808 or 0402078288.

Thank you for your ongoing support and cooperation.

Kind Regards

A handwritten signature in black ink, appearing to read "M. Latemore", is written over a light grey circular stamp. The signature is fluid and cursive.

Maria Latemore

Fact Sheet for health professionals

Coronavirus disease (COVID-19): environmental management

This information summarises the recommendations for environmental management for prevention of transmission of coronavirus via environmental surfaces and fomites (note: this advice does not apply to reusable medical devices). Also refer to the Australian Government Department for Health [Environmental cleaning and disinfection principles for COVID-19](#) and to local policies and procedures.

Coronaviruses are a group of enveloped RNA viruses, similar in structure to the influenza virus. There is limited scientific evidence on the survival of coronaviruses in the environment; however recent evidence suggests they may survive for up to several days on surfaces, especially in the presence of organic material¹.

General principles

Cleaning **and** disinfection is recommended. This can be accomplished using a two-step process, or a combined detergent/disinfectant product. Disinfectants that are used within a healthcare setting must be either:

- a TGA approved (registered or listed) hospital-grade disinfectant, preferably with label claims against coronavirus, or
- a chlorine-base product such as sodium hypochlorite at 1,000 ppm available chlorine.

Detergent and/or disinfectant-impregnated wipes with appropriate claims for activity against coronavirus can be used for small items of patient care equipment (see below).

For further details on cleaning chemicals also see the [SA Health Cleaning Standard for healthcare facilities](#) (section 4.1 Cleaning chemicals). Care should be taken to ensure that the cleaning chemical is used appropriately and in accordance with the manufacturer's specifications. All claims regarding the efficacy of a chemical should be carefully assessed and clarified if necessary. For effective disinfection it is important to ensure that the recommended contact time for the product is adhered to.

Use disposable cleaning equipment and cloths where possible or launder as per the [SA Health Cleaning Standard for healthcare facilities](#) (section 4.2 Cleaning equipment).

Environmental surfaces should be cleaned on a regular basis: at least once daily; following aerosol-generating procedures or other activities that might contaminate the environment; and on patient discharge. Frequently touched surfaces such as handles and door knobs should be cleaned more often.

Cleaning and disinfection of patient rooms should only be performed by staff trained in the use of the appropriate personal protective equipment including disposable face mask, long-sleeved gown, gloves, and eye protection.

Patient Care Equipment

Use disposable or dedicated patient care equipment wherever possible and clean and disinfect between each use. Disinfectant wipes can be used on small items of equipment, but care must be taken with the use of chemicals on electrical equipment, where an alcohol wipe may be



more appropriate. Always refer to equipment manufacturer's instructions for suitable cleaning and disinfection products.

No special treatment of patient cutlery and crockery is required.

Linen

Used linen should be bagged inside the room and managed as for patients on transmission-based precautions. A linen chute should not be used as this may create aerosols.

Waste

Dispose of waste as per transmission-based precautions in the medical waste stream.

Which disinfectants are active against coronaviruses?

A recent review² lists the following "active at in-use" concentrations of commonly used disinfectants against coronavirus. These results do not include the 2019-nCoV, but it is likely the new strain has similar physical properties to the tested strains. **Note:** this is a general guide only and some products may have combinations of ingredients that may have proven activity against coronavirus or similar non-enveloped viruses.

Compound	Active at in-use concentrations?	Minimum effective concentration
Sodium hypochlorite	Yes	0.1% (1,000ppm available chlorine)
Alcohol (ethanol)	Yes	70%
Quarternary ammonium compounds + 70% ethanol	Yes	0.04% + 70% ethanol
Quarternary ammonium compounds + HCl (acidified Quat)	Yes	0.04% + 1% HCl
Quarternary ammonium compounds (Quat)	No	

Adapted from Reference 2.

References

1. Casanova LM, Jeon S, Rutala WA, Weber DJ, Sobsey MD. Effects of air temperature and relative humidity on coronavirus survival on surfaces. *Appl. Environ. Microbiol.* 2010, 76(9): 2712-2717.
2. Geller C, Varbanov M, Duval RE. Human Coronaviruses: Insights into Environmental Resistance and its Influence on the Development of New Antiseptic Strategies. *Viruses* 2012, 4(11): 3044-3068.

For more information

**Infection Control Service
Communicable Disease Control Branch
11 Hindmarsh Square
Adelaide, SA 5000
Telephone: 1300 232 272
www.sahealth.sa.gov.au/novelcoronavirus**

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