



GENERAL PODIATRY CHECK LIST

DO YOU SUFFER FROM:

- Aches and / or pains in toes, feet, ankles or legs?
- Flat feet or high arched feet?
- Bunions or unusual lumps or bumps?
- Toe concerns hammer toes or overlapping toes?
- Trouble walking, standing or exercising?
- Orthoses or insoles that are uncomfortable?
- Trouble finding comfortable shoes to fit properly?
- Toenail concerns thick, ingrown, hard to cut?
- Skin problems corns, callus, wart, tinea?
- Health problems diabetes or arthritis?

CALL ON
08 8297 4808
TO MAKE AN APPOINTMENT

By managing your foot care needs, we can play a key role
in assisting you to improve your physical activity
and fitness.

With two clinics conveniently located in Adelaide,
we make looking after your feet easy.

With appointments available from Monday to Saturday,
we've got your feet covered!



287D Anzac Highway, Plympton SA 5038
(opposite the highway hotel)

2/78 Unley Road, Unley SA 5061 (in Physio Friend)
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E: reception@podiatryservicessa.com

WWW.PODIATRYSERVICESSA.COM

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